

## The Artists

Friday, November 12 (9am) to  
Sunday, Nov 14, 2021 (12.30 pm)  
*Middle European Winter Time*



### Artistic Workshop A:

Catherine Bryden

*'Improvisation / Theatre Clowning'*

#### **Catherine Bryden (Canada)**

Catherine (Montreal, Canada) discovered the magical mysterious world of theater clowning in Germany in 2001 and trained with Vivian Gladwell. This approach to life and living nurtures her deep love and fascination of people, play, relationships, community and above all, the stunning beauty of imperfection. She's been submerged in teaching, communication and creative processes for over three fun filled decades on three continents: North America, Asia and Europe. Catherine brings loving audacity and gentle chaos to workshops and the stage, in English, French and German.



### Artistic Workshop B:

Paul Matthews

*'Meeting the Muses: Writing Creatively'*

#### **Paul Matthews,**

poet, teacher and gymnast has taught for many years at Emerson College. He is renowned for helping writers, teachers and storytellers (even the most anxious) to work with and develop their creative voice. His inspirational sourcebook book, *Sing Me the Creation* (Hawthorn Press) contains numerous exercises to nurture the creative process and bring language joyfully alive between people and in the classroom. *The Ground that Love Seeks* and *Slippery Characters* (Five Seasons Press) are gatherings of his poetry.



*Artistic Workshop C:*

*Sarah Kane*

*'Improvisation'*

**Sarah Kane** was born in London. After starting her professional career as a literature and language teacher in Waldorf education Sarah trained both in Rudolf Steiner's Creative Speech and Michael Chekhov's approach to acting and theatre in Germany, Switzerland and the UK. She was appointed head of the Speech and Drama programme at Emerson College, where she taught Creative Speech and Michael Chekhov's approach to acting, researching their interconnections.

Sarah co-founded The Michael Chekhov Centre UK, to promote and develop Chekhov's artistic legacy, then founded 'threshold theatre', to further investigate Chekhov's techniques in rehearsal and performance. She performed regularly as a speaker for movement companies and as an actor in the UK for fifteen years.

Sarah became a freelance teacher, director and performer from 1996, working regularly in Europe, the UK and the United States. She taught Creative Speech at the University of Plymouth, and the Chekhov approach at Cygnet Training Theatre in Exeter and at The London Centre for Theatre Studies. She became Artistic Associate at the Stanislavsky Theater Studio in Washington DC, USA with responsibility for ensemble speech and acting, as well as performing and directing in the company.

She currently resides in the UK, teaching speech and acting and directing for Performing Arts International, the Michael Tschechow-Studio Berlin, the Michael Chekhov Studio Paris and the National Michael Chekhov Association USA.



*Artistic Workshop D:*

*Ulrike Sievers*

*'Storytelling and Creative Writing'*



*Artistic Workshop E:*

*Martyn Rawson*

*'Storytelling and Creative Writing'*

Both **Ulrike Sievers** and **Martyn Rawson** are part of the English Week team.  
For further information please see 'Our Team' on our website.